



Shiraz University of Medical Sciences School of Nursing and Midwifery

Zahra Molazem

Curriculum Vitae

Personal

Name: **Zahra Molazem**
Address: P.O. Box: 71936-13119, Shiraz, Iran.
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School: Nursing and Midwifery

Professional

Academic Qualifications

- 2010 PhD: Nursing
Tarbiat Modares University
- 1992 MS: Medical Surgical Nursing
Shiraz University of medical sciences, Shiraz-Iran
- 1990 BS/BA: Nursing
Shiraz University of medical sciences, Shiraz-Iran

Academic Rank

Professor

Work history

- Lecturer/ nurse instructor, 1996-2010
- Lecturer /Associate Professor , 2011- now

Interests

- Qualitative and quantitative research
- Cardiovascular Nursing
- Chronic disease
- Clinical education
- Patient & Caregiver education

Course Teaching

1. Qualitative Research (PhD)
2. Critique of Nursing Studies (PhD)
3. Nursing Challenges (PhD)
4. Medical – Surgical Nursing (BSc. MSc.)
5. Critical Care Nursing (BSc.)
6. Education Methods/Skills (BSc, MSc.)
7. Nursing Theories (MSc.)
8. Physical exam(BSc., MSc)

Editorial Board & Reviewing Activities

- International Journal of Community Based Nursing and Midwifery
- Journal of Clinical Nursing and Midwifery
- Jundishapur Journal of Chronic Disease Care
- Sadra Medical Sciences Journal

Research experience

Directing more than 20 finalized and ongoing dissertations and theses as supervisor/
co – supervisor

publications

Published Articles: From 2010 to the present

- **Zahra Molazem**, Fazlollah Ahmadi, Eesa Mohammadi, Shahram Bolandparvaz. Nursing presence: Essential element of caring of patients' perceptions, Iran J Med Ethics Hist Med, 2010; 3(3): 44-55.
- **Zahra Molazem**, Fateme Alhani, Monireh Anooshe, S. Abolfazl Vagharseyyedin. Epidemiology of dysmenorrhea with dietary habits and exercise, Zahedan Journal of Research in Medical Sciences, 2011; 13(3): 47-51.
- **Zahra Molazem**, Fazlollah Ahmadi, Eesa Mohammadi, Shahram Bolandparvaz. Improvement in the nursing care quality in general surgery wards: Iranian nurses' perceptions. Scandinavian Journal of Caring Sciences. 2011 Jun; 25(2):350-356.
- **Zahra Molazem**, Nahid Tavakol, Farkhondeh Sharif, Sareh Keshavarzi and Soraya Ghadakpour. Effect of education based on the “4A Model” on the Iranian nurses' moral distress in CCU wards. Journal of Medical Ethics and History of Medicine, 2013, 6:5.

- **Zahra Molazem**, Soheila Rezaei. Zinat Mohebibi, Mohammad Ali Ostovan , Sareh Keshavarzi The effect of Continuous Care Model on lifestyle of patients with Myocardial Infarction. *ARYA atherosclerosis*, 2013; 9(3): 1-6.
- **Zahra Molazem**. Soraya Ghadakpour .What are the most important emotional needs of patients in Iran? *Archives Des Sciences*, Mar 2013; 66(3): 271-278.
- Seyyed Abolfazl Vagharseyyedin. **Zahra Molazem** Burden, resilience, and happiness in family caregivers of spinal cord injured patients. *Middle East journal of psychiatry and alzhemiers*, 2013; 4(1): 29-35.
- **Zahra Molazem**. Taybeh Falahati. Iran Jahanbin. Payman Jafari. Soraya Ghadakpour The effect of psycho-educational interventions on general health of family caregivers of patients with spinal cord injury. *Jundishapur Journal of Chronic Disease*, 2013; 2(1):1-10.
- Fariba Ghodsbin, Esmail Parsayee Manesh, **Zahra Molazem**, Sare Keshavarzi, Izadi Sadegh The Effect of Self-Care Education on the Quality Of Life of Patient referring to Institute MS Fars, Iran. *Advances in Environmental Biology*, 2013;7(14): 4773-4778
- **Zahra Molazem**, Fatemeh Mohseni, Masoumeh Younesi & Sareh Keshavarzi. Aloe Vera Gel and Cesarean Wound Healing; A Randomized Controlled Clinical Trial. *Global Journal of Health Science*, 2014; 7 (1): 203-209.
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- Farkhondeh Sharif, Fariba Moshkelgosha, **Zahra Molazem***, Majid, Najafi Kalyani, Mehrdad Vossughi. The Effects of Discharge Plan on Stress, Anxiety and Depression in Patients Undergoing Percutaneous Transluminal Coronary Angioplasty: A Randomized Controlled Trial. *International Journal of Community Based Nursing and Midwifery*, 2014; 2(2):60-68.
- **Zahra Molazem**, Taybeh Falahati, Iran Jahanbin, Soraya Ghadakpour, Payman Jafari. The Effect of Psycho-Educational Interventions on the Quality of Life of the Family Caregivers of the Patients with Spinal Cord Injury: A Randomized Controlled Trial. *International Journal of Community Based Nursing and Midwifery*, 2014; 2(1): 31-39.
- Nader Aghakhani, Farkhondeh Sharif, **Zahra Molazem**, Hosein Habibzadeh. Content Analysis and Qualitative Study of Hemodialysis Patients, Family Experience and Perceived Social Support. *Iranian Red Crescent medical journal*, 2014; March; 16(3).
- Majid Najafi Kalyani, Raziye Illon Kashkooli, **Zahra Molazem**, Nahid Jamshidi. Qualitative Inquiry into the Patients' Expectations regarding Nurses and Nursing Care. *Advances in Nursing*, 2014; <http://dx.doi.org/10.1155/2014/647653>
- Ladan Zarshenas, Farkhondeh Sharif, **Zahra Molazem**, Mohammad Khayyer, Najaf Zare, Abbas Ebadi. Professional socialization in nursing: A qualitative content analysis. *Iranian journal of nursing and midwifery research*, July-August 2014; 19 (4).

- Zinat Mohebibi, Shahla Najafi, **Zahra Molazem**, Giti Setoodeh. Epidemiology, Causes and Outcome of Burns in Women from Southern Iran: 2009-2011. *Womens Health*, 2014; Jul; 1(2).
- Mohammad Rafi Bazrafshan, Farkhondeh Sharif, **Zahra Molazem**, Arash Mani . Cultural Concepts and Themes of Suicidal Attempt among Iranian Adolescents: A Qualitative Study, *International Journal of High Risk Behaviors and Addiction* , 2015; Mar; 4(1).
- Mehrnoosh Pazargadi, Malek Fereidooni Moghadam, Masoud Fallahi Khoshknab, Houshang Alijani Renani, **Zahra Molazem**. The Therapeutic Relationship in the Shadow: Nurses' Experiences of Barriers to the Nurse–Patient Relationship in the Psychiatric Ward. *Issues in Mental Health Nursing*, 2015, 36:551–557.
- Zinat Mohebibi, **Zahra Molazem**, Shahla Najafi dolatabadi. Self- reporting and screened cases of affection and contamination to HIV in prisons during a period of 10 years. *journal of international academic research for multidisciplinary*, July 2015. Volume 3, Issue 6.
- Mohammad Rafi Bazrafshan, Farkhondeh Sharif, **Zahra Molazem**, Arash Mani. Exploring the risk factors contributing to suicide attempt among adolescents: A qualitative study, *Iranian Journal of Nursing and Midwifery Research*, 2016. 21 (1), 93
- **Zahra Molazem**, Tavakol N. Exploring moral distress in the intensive care unit nurses of Shiraz Heart Center in 2013. *J Educ Ethics Nurs*, 2015, 4 (2), 49-56
- F Mohseni, **Z Molazem**, M Younesi, S Keshavarzi. Aloe Vera Gel and Cesarean Wound Healing; A Randomized Controlled Clinical Trial. 2014 Aug 31; 7(1): 203-9
- MR Bazrafshan, F Sharif, **Z Molazem**, A Mani. Cultural concepts and themes of suicidal attempt among Iranian adolescents. *International journal of high risk behaviors & addiction*, 2015, 4 (1)
- MR Bazrafshan, F Sharif, **Z Molazem**, A Mani. Exploring the risk factors contributing to suicide attempt among adolescents: A qualitative study. *Iranian journal of nursing and midwifery research*, 2016, 21 (1), 93
- M Rambod, F Sharif, **Z Molazem**, K Khair. Pain: the voiceless scream in every haemophilia patient's life. *The Journal of Haemophilia Practice*, 2018, 3 (1), 8-13
- M Rakhshan, Z Khoshnoo, **Z Molazem**, N Zare. Open-heart Surgery Complications Following Programmed Education and Nurses' Clinical Competence. *Online J Health Allied Scs*. 2016, 15 (4), 5
- N Jamshidi, **Z Molazem**. Sharif, F., Torabizadeh, C., Kalyani. The Challenges of Nursing Students in the Clinical Learning Environment: A Qualitative Study. *The Scientific World Journal*. Volume 2016, | <https://doi.org/10.1155/2016/1846178>

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- MR Bazrafshan, F Sharif, **Z Molazem**, A Mani. The effect of paternal addiction on adolescent suicide attempts: a qualitative study. *International journal of high risk behaviors & addiction*, 2016 Sep; 5(3).
- M Soltanian, **Z Molazem**, E Mohammadi, F Sharif, M Rakhshan. Iranian Nurses' Experiences on Obstacles of Safe Drug Administration: A Qualitative Study. *Global journal of health science*, 2016, 8 (10), 88-99
- **Z Molazem**, R Noormohammadi, R Dokouhaki, M Zakerinia, Z Bagheri. The effects of nutrition, exercise, and a praying program on reducing Iron overload in patients with Beta-thalassemia major: a randomized clinical trial. *Iranian journal of pediatrics*. 2016, 26 (5)
- M Rambod, F Sharif, **Z Molazem**, K Khair. Pain experience in hemophilia patients: a hermeneutic phenomenological study. *International journal of community based nursing and midwifery*, 2016 Oct; 4(4): 309–319.
- F Shirazi, F SHarif, **Z Molazem**, M Alborzi. Dynamics of self-directed learning in M. Sc. nursing students: A qualitative research. *Journal of advances in medical education & professionalism*, 2017, 5 (1), 33-41.
- L Zarshenas, RS Sarvestani, **Z Molazem**, M Moattari. Globalization in nursing: A concept analysis. *Asian Journal of Nursing Education and Research*, 2017, 7 (1), 115-119
- Fariba Ghodsbin, **Zahra Molazem**, Mahnaz Rakhshan. Self-management, the main experiences of rheumatic arthritis: A Qualitative study. *Pharmacophore*, 2017, 8 (6)
- M Rakhshan, L Ansari, **Z Molazem**, N Zare. Complications of heart rhythm management devices after cardiac rehabilitation program. *Clinical Nurse Specialist*, 2017, 31 (3), E1-E6
- **Z Molazem**, M Ebadi, M Khademian, R Zare. Effects of an Educational Program for Prostate Cancer Prevention on knowledge and PSA Testing in Men over 50 Years old in Community Areas of Shiraz in 2016. *Asian Pacific journal of cancer prevention: APJCP*, 2018, 19 (3), 633
- **Z Molazem**, F Mohseni, M Rakhshan, S Keshavarzi, M Younesi. The Effect of Amniotic Membrane on the Healing of Cesarean Wounds: A Randomized Clinical Trial. *Women Health*, 2018, 5 (2).
- M Soltanian, M., **Molazem, Z.**, Mohammadi, E., Sharif, F., Rakhshan. Professional responsibility: An ethical concept extracted from practices of Iranian nurses during drug administration. *International Journal of Pharmaceutical Research*, 2018, 10 (3), 346-353

- RT Fatemeh Mohseni, Jalal Saem, Eghbal Sekhavati, **Zahra Molazem**. Amniotic Membrane for Pain Control after Cesarean Section. *Crescent Journal of Medical and Biological Sciences*, 2018, 5 (3), 198-202

- F Mohammadi, M Rakhshan, **Z Molazem**. Parental Empowerment of the Parents of Children with Autism: A Qualitative Study. *Sadra medical sciences journal*, 2018, 6 261-274

- Ladan Zarshenas, Farkhondeh Sharif, **Zahra Molazem**, Mohammad Khayyer, Najaf Zare, Abbas Ebadi. Professional Belonging in Nursing Students: A Qualitative Research. *Sadra medical sciences journal*, 2014, 2014 Jul; 19(4):432-8.

- M Shafakhah, **Z Molazem**, M Khademi, F Sharif. Facilitators and inhibitors in developing professional values in nursing students. *Nursing ethics*, 2018, Mar; 25(2):153-164.

- Ladan Zarshenas, Farkhondeh Sharif, **Zahra Molazem**, Mohammad Khayyer, Najaf Zare, Abbas Ebadi . Development and psychometric properties of professional belonging scale for nursing students. *International Journal of Pharmaceutical Research*, 2018, 10(3):131-135.

- M Rambod, F Sharif, **Z Molazem**, K Khair, S von Mackensen. Health-related quality of life and psychological aspects of adults with hemophilia in Iran. *Clinical and Applied Thrombosis/Hemostasis*, 2018 Oct; 24(7): 1073–1081.

- F Mohammadi, M Rakhshan, **Z Molazem**, N Zareh. Parental competence among parents with autistic children: A qualitative study. *Nursing and Midwifery Studies*, 2018, 7 (4), 168.

- M Edraki, M Rambod, **Z Molazem**. The effect of coping skills training on depression, anxiety, stress, and self-efficacy in adolescents with diabetes: a randomized controlled trial. *International journal of community based nursing and midwifery*, 2018 Oct; 6(4):324-333.

- M Rambod, F Sharif, **Z Molazem**, K Khair. Pain self-management experiences in haemophilia patients: a qualitative study. *The Journal of Haemophilia Practice*, 2018, 5 (1), 76-82

- **Z Molazem**, S Rowshan, L Zarshenas. Professional Belongingness and Associated Factors among Iranian Undergraduate Nursing Students. *Journal of Research in Medical and Dental Science*, 2019, 7 (3), 49-54.

- M Rambod, F Sharif, **Z Molazem**, K Khair. Spirituality experiences in hemophilia patients: A phenomenological study. *Journal of religion and health*, 2019, 58 (3), 992-1002.

- MN Kalyani, N Jamshidi, **Z Molazem**, C Torabizadeh, F Sharif. How do nursing students experience the clinical learning environment and respond to their Experiences? A qualitative study. *BMJ open*, 2019, 9 (7).
- F Mohammadi, M Rakhshan, **Z Molazem**, N Zareh, M Gillespie. Parents' Perspectives on Family Violence against Children with Autism. *Archives of Iranian Medicine*, 2019, (AIM) 22 (9).
- F Mohammadi, M Rakhshan, **Z Molazem**, M Gillespie. Parental competence in parents of children with autism spectrum disorder: A systematic review. *Invest Educ Enferm*, 2019, 37 (3)
- C Torabizadeh, T Bahmani, **Z Molazem**, SA Moayedi. Development and Psychometric Evaluation of a Professional Communication Questionnaire for the Operating Room Health communication, 2019, 34 (11), 1313-1319
- F Mohammadi, M Rakhshan, **Z Molazem**, N Zareh, M Gillespie. Caregivers' perception of dignity in teenagers with autism spectrum disorder *Nursing ethics*, 2019, 26 (7-8), 2035-2046.
- F Mohammadi, M Rakhshan, **Z Molazem**, N Zareh, M Gillespie. Development of parental competence scale in parents of children with autism. *Journal of Pediatric Nursing*, 2019, 50.
- F Afrasiabi, **Z Molazem**, A Mani, AA Ardekani. The Effect of Cardiopulmonary Resuscitation and Cardiac Chest Pain Management Training on Perceived Control, Depression, Stress and Anxiety in the Spouses of the Patients with *International Journal of Community Based Nursing and Midwifery*, 2020, 8 (2), 116.
- Dokoohaki, R., Molazem, Z., Rambod Self-management experiences in Guillain–Barré syndrome patients: a phenomenological study. *Electronic journal of General Medicine*, 2020, 15 (3), 189-194
- Molazem Z, Alizadeh M, Rambod M. The Effect of Benson's Relaxation Technique on Pain Intensity, Belief, Perception, and Acceptance in adult Hemophilia Patients: A Randomized Controlled Trial. *International Journal of Community Based Nursing & Midwifery*, 2021, 187-198
- Shirazi F, Sharif F, Molazem Z, Etemaad J. The Characteristics that Propel Iranian MS Students of Nursing into Self-Directed Learning: A Qualitative Research. *Journal of Professional Nursing*. 2021
- MH Moghaddam, Z Molazem, M Momennasab. Translation and Psychometric Assessment of the Postoperative Handover Assessment Tool, *Journal of PeriAnesthesia Nursing*, 2021, 36 (5), 536-542

- N Tavakol, Z Molazem, M Rakhshan, O Asemani. Moral Distress in Iranian Psychiatric Nurses: A Content Analysis, *Iranian Journal of Psychiatry and Behavioral Sciences*, 2022, 16 (3)
- M Imanipour, Z Molazem, M Rakhshan, MJ Fallahi, AM Atashin Sadaf, The effect of Teach-back method education on the control of asthma and family care pressure of patients in Iran, *Investigación y Educación en Enfermería* , 2022, 40 (1)
- Z Molazem, F Jalali, M Jannati, M Shaygan, MH Khademian. The effect of self-care training on happiness and resilience of patients undergoing coronary artery bypass graft surgeries, *International Journal of Surgery Open*, 2022, 40, 100454
- M Imanipour, Z Molazem, M Rakhshan, MJ Fallahi, Evaluation of the Effectiveness of Teach-back Training on Asthma Control Indicators, *Tanaffos* , 2022, 21 (2), 230
- S Yeganeh, C Torabizadeh, T Bahmani, Z Molazem, HY Doust, Examining the views of operating room nurses and physicians on the relationship between professional values and professional communication, *BMC nursing*, 2022, 21 (1), 17
- MH Moghaddam, Z Molazem, M Momennasab, Challenges Associated With Patient Transfer From Postanesthesia Care Unit to Surgical Unit in Iran: A Mixed-Method Study *Journal of PeriAnesthesia Nursing*, 2022, 36 (5), 518-525
- Z Molazem, L Bagheri, M Najafi Kalyani, Evaluation of the Moral Distress Intensity and Its Relationship with the Quality of Work Life among Nurses Working in Oncology Wards in Shiraz, Southwest of Iran, *BioMed Research International* 2022.
- N Tavakol, Z Molazem, M Rakhshan, O Asemani, An educational program of reducing moral distress (PRMD) in nurses; designing and evaluating, *BMC Medical Education* 23 (1), 1-12
- N Tavakol, Z Molazem, M Rakhshan, O Asemani, S Bagheri, Moral distress in psychiatric nurses in Covid-19 crisis, *BMC psychology* 11 (1), 1-9, 2023
- F Azizi, Z Molazem, Virtual Reality: An Analgesic Method in during Dressing changes in Patients with Burn. *Journal of Biomedical Physics & Engineering* 13, 2023
- F Azizi, B Honarvar, Z Molazem, A Kazemi, B Tehranineshat. Investigating Emergency Department Nurses' Educational Needs and Exploring Strategies to Meet Challenges Against Management of These Needs: A Qualitative Study, 2023, *Shiraz E-Medical Journal* 24 (3).
- N Tavakol, Z Molazem, M Rakhshan, O Asemani, Strategies of Iranian psychiatric nurses to deal with moral distress, *Indian Journal of Occupational and Environmental Medicine*, 2023, 27 (1), 67

Presentations in international Conferences

The Effect of Psycho-Educational Interventions on the Quality of Life of the Family Caregivers of the Patients with Spinal Cord Injury

International confederation of midwives, 2014, Esfahan University of Medical sciences 6-9 may

The effect of self-care educations on the level of fatigue in patients of Shiraz MS Society
1st International Nursing & Midwifery Conference on Health and Wellbeing, 2014, Esfahan University of Medical sciences

The effect of self-care education on the quality of life in patients with multiple sclerosis.
1st International Nursing & Midwifery Conference on Health and Wellbeing, 2014, Esfahan University of Medical sciences

Stressor in Coronary care units: Iranian patients' and nurses', 4 international congress of CV imaging, 24-27 Jan 2012 Dubai

Experiences of parents of children with cancer: a basis for the training of nurse
4th congress of European academy of pediatrics societies, 5-9 October 2012, Turkey

The Effect of Psycho-Educational Interventions on the Quality of Life and general health of the Family Caregivers of the Patients with Spinal Cord Injury. Health and wellness conference, 18 December 2013. Canada

Sense of belonging in clinical environments, 4th international conference on health, wellness and society Vancouver, 2013, Canada

EVALUATION OF THE EFFECT OF REGULAR GARLIC (*ALLIUM SATIVUM*) AND WILD GARLIC (*ALLIUM VIRIDI*) IN NORMOGLYCEMIC AND STREPTOZOCINE (STZ) INDUCED DIABETIC MALE RATS. 8th Congress of the European Federation of Internal Medicine / European Journal of Internal Medicine 20S (2009)

Risk factors and primary and tertiary prevention. 8th kowsar hospital congress, April 2018
Management of nursing care in patients with rhythm management devices (pacemaker, ICD, CRT). 8th kowsar hospital congress, April 2018

Pediatric nurses experiences on obstacles of safe drug administration: A qualitative study.
6th Congress of the European Academy of Pediatric societies - Geneva, Switzerland, October 2016.

Dynamics of self-directed learning in M. Sc. nursing students: a qualitative research.
27th international networking for health care education conference – university of Cambridge, UK, September 2016

– مسئولیت پذیری حرفه ای مفهوم اخلاقی استخراج شده از راهبردهای پرستاران بخشهای کودکان طی دادن دار.

کنگره بین المللی کودکان استاد امیر حکیمی - شیراز،

- نقش استاد در یادگیری خودراهبردانشجویان کارشناسی ارشد پرستاری سومین همایش کشوری تحقیقات کیفی در علوم سلامت دانشگاه علوم پزشکی یاسوج. مهرماه ۹۴
- درک پرستاران از موانع مدیریت دارو در بخشهای کودکان : یک مطالعه کیفی. کنگره بین المللی کیفیت ایمنی تجویز و مصرف منطقی دارو- دانشگاه علوم پزشکی مشهد آبان ۹۴
- چالش یادگیری خود راهبر در آموزش حرفه ای دانشجویان پرستاری. کنگره واکاوی آموزش پرستاری در ایران- دانشگاه علوم پزشکی و خدمات بهداشتی درمانی دانشکده پرستاری و مامائی. دی ماه ۹۴
- تعیین ویژگیهای یادگیرنده خود راهبر از دیدگاه دانشجویان پرستاری. کنگره واکاوی آموزش پرستاری در ایران- دانشگاه علوم پزشکی و خدمات بهداشتی درمانی دانشکده پرستاری و مامائی. دی ماه ۹۴